

<b>Dining at North Rigton</b>		<b>School Dinner - Week 1</b> 6 <sup>th</sup> Sept, 27 <sup>th</sup> Sept & 18 <sup>th</sup> Oct	<b>School Dinner - Week 2</b> 13 <sup>th</sup> Sept & 4 <sup>th</sup> Oct	<b>School Dinner - Week 3</b> 20 <sup>th</sup> Sept & 11 <sup>th</sup> Oct	
<b>Monday</b>	<b>Main Dish</b>	<b>Fish Fingers, Chips &amp; Beans</b>	<b>Bacon &amp; Tomato Pasta Bake</b>	<b>Cheese &amp; Tomato Pasta</b>	<b>2021 Autumn Menu at North Rigton</b>
	<b>Potato / Sandwich</b>	Sandwich - Tuna or Cheese	Potato – Beans or Cheese	Sandwich – Tuna or Ham	
	<b>Pudding</b>	<b>Sticky Toffee Crunch</b> or Fresh Fruit	<b>Tropical Fruit Pot</b> or Yogurt	<b>Oat &amp; Raisin Biscuit</b> or Yogurt	
<b>Tuesday</b>	<b>Main Dish</b>	<b>Sausage &amp; Mash</b>	<b>BBQ Chicken Wrap</b>	<b>Teriyaki Chicken Noodles</b>	
	<b>Potato / Sandwich</b>	Potato - Cheese or Beans	Sandwich – Ham or Cheese	Potato - Cheese or Beans	
	<b>Pudding</b>	<b>Lemon Drizzle Cake</b> or Yogurt	<b>Shortbread &amp; Yogurt</b> or Fresh Fruit	<b>Flapjack &amp; Fruit Wedge</b> or Fresh Fruit	
<b>Wednesday</b>	<b>Main Dish</b>	<b>Pasta Bolognese</b>	<b>Mild Chilli &amp; Rice</b>	<b>Sausage Roll, Chips &amp; Beans</b>	
	<b>Potato / Sandwich</b>	Sandwich - Egg or Ham	Potato - Tuna or Cheese	Sandwich – Egg or Cheese	
	<b>Pudding</b>	<b>Ginger Cookie &amp; Orange Wedge</b> or Fresh Fruit	<b>Marbled Berry Sponge</b> or Yogurt	<b>Choc &amp; Berry Brownie</b> or Yogurt	
<b>Thursday</b>	<b>Main Dish</b>	<b>Roast Chicken</b>	<b>Fish &amp; Chips</b>	<b>Chicken Korma</b>	
	<b>Potato / Sandwich</b>	Potato - Tuna or Cheese	Sandwich - Chicken or Cheese	Potato - Tuna or Cheese	
	<b>Pudding</b>	<b>Cheese &amp; Biscuit, Apple</b> or Yogurt	<b>Grannies Crunch</b> or Fresh Fruit	<b>Blueberry Muffin</b> or Fresh Fruit	
<b>Friday</b>	<b>Main Dish</b>	<b>Beef Burger &amp; Wedges</b>	<b>Homemade Pizza</b>	<b>Picnic Bag</b>	
	<b>Potato / Sandwich</b>	Sandwich - Ham or Cheese	Potato - Cheese or Beans	Sandwich – Tuna, Ham, Egg or Cheese	
	<b>Pudding</b>	<b>Frozen Yogurt Pot</b> or Fresh Fruit	<b>Choc Crispy</b> or Yogurt	<b>Emma's Treat</b>	

Name: \_\_\_\_\_ Class: \_\_\_\_\_

Week 1 Menu Weeks Commencing: 6<sup>th</sup> Sept, 27<sup>th</sup> Sept & 18<sup>th</sup> Oct

Day	Main Meal	Tick	OR	Option (1)	Tick	OR	Option (2)	Tick	Pudding - Option 1	Tick	OR	Option2	Tick
Monday	Fish Fingers			Tuna Sandwich			Cheese Sandwich		Sticky Toffee			Fresh Fruit	
Tuesday	Sausage & Mash			Potato with Cheese			Potato with Beans		Lemon Drizzle			Yogurt	
Wednesday	Pasta Bolognese			Egg Sandwich			Ham Sandwich		Ginger Cookie			Fresh Fruit	
Thursday	Roast Chicken			Potato with Tuna			Potato with Cheese		Cheese & Biscuit			Yogurt	
Friday	Beef Burger			Cheese Sandwich			Ham Sandwich		Frozen Yogurt			Fresh Fruit	

Week 2 Menu Weeks Commencing: 13<sup>th</sup> Sept & 4<sup>th</sup> Oct

Day	Main Meal	Tick	OR	Option (1)	Tick	OR	Option (2)	Tick	Pudding - Option 1	Tick	OR	Option 2	Tick
Monday	Bacon & Tomato Pasta			Potato with Cheese			Potato with Beans		Tropical Fruit			Yogurt	
Tuesday	BBQ Chicken Wrap			Ham Sandwich			Cheese Sandwich		Shortbread & Yogurt			Fresh Fruit	
Wednesday	Mild Chilli & Rice			Potato with Tuna			Potato with Cheese		Marbled Berry Sponge			Yogurt	
Thursday	Fish & Chips			Chicken Sandwich			Cheese Sandwich		Grannies Crunch			Fresh Fruit	
Friday	Homemade Pizza			Potato with Cheese			Potato with Beans		Choc Crispy			Yogurt	

Week 3 Menu Weeks Commencing: 20<sup>th</sup> Sept & 11<sup>th</sup> Oct

Day	Main Meal	Tick	OR	Option (1)	Tick	OR	Option (2)	Tick	Pudding - Option 1	Tick	OR	Option 2	Tick
Monday	Cheese & Tomato Pasta			Ham Sandwich			Tuna Sandwich		Oat/Raisin Biscuit			Yogurt	
Tuesday	Teriyaki Chicken			Potato with Cheese			Potato with Beans		Flapjack & Fruit			Fresh Fruit	
Wednesday	Sausage Roll			Egg Sandwich			Cheese Sandwich		Choc & Berry Brownie			Yogurt	
Thursday	Chicken Korma			Potato with Tuna			Potato with Cheese		Blueberry Muffin			Fresh Fruit	
Friday	Tuna Sandwich			Ham Sandwich			Cheese Sandwich		Egg Sandwich				