


Dining at North Rigton		School Dinner - Week 1 1 st Nov, 22 nd Nov & 13 th Dec	School Dinner - Week 2 8 th Nov & 29 th Nov	School Dinner - Week 3 15 th Nov & 6 th Dec	
Monday	Main Dish	Macaroni Cheese	Fish Fingers & Chips	Mediterranean Veg Pasta	2021 Autumn Menu at North Rigton
	Potato / Sandwich	Potato – Beans or Tuna	Potato – Beans or Cheese	Sandwich – Tuna or Ham	
	Pudding	Cereal & Fruit Bar or Fresh Fruit	Fruit Pot or Yogurt	Australian Crunch or Yogurt	
Tuesday	Main Dish	Sweet & Sour Chicken and Rice	Pasta Bolognese	Meat & Potato Pie	
	Potato / Sandwich	Sandwich – Tuna or Cheese	Sandwich – Ham or Cheese	Potato - Cheese or Beans	
	Pudding	Autumn Berry Sponge or Yogurt	Ginger Cookie & Orange or Fresh Fruit	Oaty Biscuit or Fresh Fruit	
Wednesday	Main Dish	Roast Pork	Homemade Meatballs in Tomato Sauce & Rice	Chicken Korma	
	Potato / Sandwich	Potato – Beans or Cheese	Potato - Tuna or Cheese	Sandwich – Egg or Cheese	
	Pudding	Rice Pudding & Jam or Fresh Fruit	Arctic Roll or Yogurt	Shortbread & Yoghurt or Yogurt	
Thursday	Main Dish	Minced Beef & Yorkshire Pudding	Roast Chicken	Sausage & Mash	
	Potato / Sandwich	Sandwich - Ham or Cheese	Sandwich - Chicken or Cheese	Potato - Tuna or Cheese	
	Pudding	Cheese & Cracker, Apple or Yogurt	Apple Crumble & Custard or Fresh Fruit	Choc Surprise Cake & Choc Sauce or Fresh Fruit	
Friday	Main Dish	Homemade Pizza	Hot Dog (Proper Sausage)	Fish & Chips	
	Potato / Sandwich	Potato – Tuna or Cheese	Potato - Cheese or Beans	Sandwich – Ham or Cheese	
	Pudding	Choc Crispy or Fresh Fruit	Flapjack or Yogurt	Fruity Ginger Bread	

Name: _____ Class: _____

Week 1 Menu Weeks Commencing: 1st Nov, 22nd Nov & 13th Dec

Day	Main Meal	Tick	OR	Option (1)	Tick	OR	Option (2)	Tick	Pudding - Option 1	Tick	OR	Option2	Tick
Monday	Macaroni Cheese			Potato with Bean			Potato with Tuna		Cereal/Fruit Bar			Fresh Fruit	
Tuesday	Sweet & Sour Chicken			Tuna Sandwich			Cheese Sandwich		Berry Sponge			Yogurt	
Wednesday	Roast Pork			Potato with Bean			Potato with Cheese		Rice Pudding			Fresh Fruit	
Thursday	Beef & Yorkshire Pud			Ham Sandwich			Cheese Sandwich		Cheese & Cracker			Yogurt	
Friday	Homemade Pizza			Potato with Tuna			Potato with Cheese		Choc Crispy			Fresh Fruit	

Week 2 Menu Weeks Commencing: 8th Nov & 29th Nov

Day	Main Meal	Tick	OR	Option (1)	Tick	OR	Option (2)	Tick	Pudding - Option 1	Tick	OR	Option 2	Tick
Monday	Fish Fingers & Chips			Potato with Bean			Potato with Cheese		Fruit Pot			Yogurt	
Tuesday	Pasta Bolognese			Ham Sandwich			Cheese Sandwich		Ginger Cookie & Orange			Fresh Fruit	
Wednesday	Meatballs & Rice			Potato with Tuna			Potato with Cheese		Arctic Roll			Yogurt	
Thursday	Roast Chicken			Chicken Sandwich			Cheese Sandwich		Apple Crumble			Fresh Fruit	
Friday	Hot Dog			Potato with Cheese			Potato with Beans		Flapjack			Yogurt	

Week 3 Menu Weeks Commencing: 15th Nov & 6th Dec

Day	Main Meal	Tick	OR	Option (1)	Tick	OR	Option (2)	Tick	Pudding - Option 1	Tick	OR	Option 2	Tick
Monday	Veg Pasta			Ham Sandwich			Tuna Sandwich		Australian Crunch			Yogurt	
Tuesday	Meat & Potato Pie			Potato with Cheese			Potato with Beans		Oaty Biscuit			Fresh Fruit	
Wednesday	Chicken Korma			Egg Sandwich			Cheese Sandwich		Shortbread			Yogurt	
Thursday	Sausage & Mash			Potato with Tuna			Potato with Cheese		Choc Cake			Fresh Fruit	
Friday	Fish & Chips			Ham Sandwich			Cheese Sandwich		Fruity Gingerbread				