



Autumn/Winter 2023/2024:
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

LUNCH WEEK 1 MENU



MAIN EVENT

MONDAY

BBQ Drizzle Pizza
with New potatoes

TUESDAY

Mild Chicken Curry
with Whole Grain
Rice

WEDNESDAY

Sausages with
Mashed Potatoes
and Gravy

THURSDAY

Chicken & Vegetable
Meatballs in Tomato
Sauce with Pasta
Twirlers

FRIDAY

Golden Fish Fingers
or Salmon Fingers
with Chips



MEAT-FREE MAGIC Vegetarian Dish

Pizza
Margherita
with New potatoes

Tarka Dhal Curry
(Veggie Lentil Curry)
with Whole Grain
Rice

Homemade Cheese
and Leek Sausages
with Mashed
Potatoes and Gravy

Cheesy Broccoli
Pasta Bake

Golden Vegetable
Fingers
with Chips



RAINBOW ALLEY Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



DESSERT TROLLEY Pudding

Toffee
Sponge and Custard

Jelly &
Fruit Slices

Tropical Pineapple
Crumble and
Custard

Orange
Cookie

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

LUNCH WEEK 2 MENU



MAIN EVENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans	Pizza Margherita with New potatoes	Minced Beef and Onion Pie with Mash	Chicken Fajita Wrap with Whole Grain Rice	Golden Fish Fingers with Chips



MEAT-FREE MAGIC Vegetarian Dish

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans	Cheesy Sweetcorn Pizza with New potatoess	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Golden Vegetable Fingers with Chips
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RAINBOW ALLEY Vegetables and Salads

Baked Beans	Green Salad	Carrots	Sweetcorn	Baked Beans
<i>Daily salad bowl and freshly baked bread available every day</i>				



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY Pudding

Banana Sponge Cake and Custard	Jammy Crumble Bars	Apple Crumble and Custard	Orange Jelly	Vanilla Ice Cream
<i>Cut fruit, yoghurt and jelly available every day</i>				

LUNCH WEEK 3 MENU



MAIN EVENT

MONDAY
Cowboy Pie
Sausage & Baked
Beans Topped with
Mashed Potato

TUESDAY
Tomato & Roasted
Vegetable Pasta
Bake

WEDNESDAY
Roast Gammon
with Roast Potatoes
and Gravy

THURSDAY
Pizza Day!
Veggie Supreme
Pizza with New
potatoes

FRIDAY
Golden Fish
Fingers
with Chips



MEAT-FREE MAGIC Vegetarian Dish

Vegetarian
Shepherd's Pie

Baked
Mac n Cheese

Quorn Roast with
Roast Potatoes &
Gravy

BBQ Drizzle
Pizza with New
potatoes

Golden Vegetable
Fingers
with Chips



RAINBOW ALLEY Vegetables and Salads

Green Beans

Broccoli

Carrots

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



DESSERT TROLLEY

Pudding

Watermelon
Wedge

Chocolate Crunch
and Custard

Oaty Apple
Crunch Slice

Strawberry
Jelly

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day